



Quarantine and Isolation Policy to Address COVID-19 as of October 26, 2021

Pursuant to Virginia Department of Health (“VDH”) and U.S. Centers for Disease Control and Prevention (“CDC”) recommendations, all ASL community members including faculty, staff, and students, with symptoms of COVID-19 may not come to campus. ASL community members should isolate at home and follow [CDC recommendations](#) for what to do if you are sick.

ASL community members that are sick, display symptoms, or test positive for the virus may not return to campus until all [VDH/CDC](#) criteria for discontinued home isolation has been met.

Persons infected with COVID-19 who never develop COVID-19 symptoms may discontinue isolation and other precautions 10 days after the date of their first positive diagnostic COVID-19 test.

Persons with COVID-19 symptoms may discontinue isolation under the following conditions:

- **Symptom-based strategy to discontinue isolation:**

At least 10 days¹ have passed since symptom onset, **and** at least 24 hours have passed since resolution of fever without the use of fever-reducing medications, **and** other symptoms have improved.

- **Test-based strategy to discontinue isolation²:**

At least 24 hours have passed since resolution of fever without the use of fever-reducing medications, **and** other symptoms have improved, **and** negative results from at least **two** consecutive respiratory specimens collected greater than 24 hours apart (total of two negative specimens) tested using an FDA-authorized molecular viral assay to detect COVID-19.

If an ASL community member is exposed to a known or suspected COVID-19 case he or she may not come to campus and should quarantine at home for **14 days** from the last contact with the COVID-19 case, if the exposed individual is not vaccinated. If a vaccinated ASL community member is exposed to a known or suspected COVID-19 case he or she may not come to campus and should quarantine at home for **three days** from the last contact with the COVID-19 case. On day four, the exposed individual must have a COVID-19 test and send the results to Abigail Wescott before returning to campus. Once the negative test results are sent to Ms. Wescott, a response from here is not needed to return to campus. If contact is ongoing, the community member should quarantine for 14 days after the COVID-19 patient has been released from isolation.

While these are the general best practices at this time, COVID-19 is an ongoing and evolving situation. As such, if ASL needs to change this policy ASL will inform community members of any changes to this policy in a prompt manner.

¹ A limited number of persons with severe illness may produce replication-competent virus beyond 10 days, which may warrant extending the duration of isolation for up to 20 days after symptom onset. Consider consultation with infection control experts.

² According to the CDC, “a test-based strategy is no longer recommended to determine when to discontinue home isolation, except in certain circumstances... Testing for detection of COVID-19 for discontinuing isolation could be considered for persons who are severely immunocompromised, in consultation with infectious disease experts. **For all others**, a test-based strategy is no longer recommended except to discontinue isolation or other precautions earlier than would occur under the symptom-based strategy outlined above.”

Students are reminded that failure to abide by any COVID-19 related policy violates the Code of Student Conduct/Code of Academic Integrity. Faculty and Staff are reminded that failure to abide by any COVID-19 related policy violates the Personnel Policies and Procedures Manual.

If you have any questions or concerns, please contact Abigail Wescott at awescott@asl.edu